

## **SPECIAL CARE COUNSELLING**

**GROUP 10**

**AEC – JNC.1G**



**(450) 672-7364**

**[www.champlainonline.com](http://www.champlainonline.com)**

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# SPECIAL CARE COUNSELLING

## AEC – JNC.1G

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### PROGRAM OBJECTIVE

This program trains students to intervene appropriately in order to help individuals of all ages who are experiencing difficulty adapting or fitting in socially. Special Care Counsellors work with various client-groups: individuals with physical, neurological, or intellectual impairments, mental health issues, substance abuse problems, behavior, language, and/or learning difficulties, seniors in loss of autonomy, victims of violence and immigrants.

This AEC Program is comprised uniquely of the “specialization” courses associated with the DEC Program in Special Care Counselling. There are three main objectives for this program. Students will take courses in the area of Sociology and Psychology that focus on the social and psychological factors affecting the clientele of those working in this field. The second objective focuses on the practical application of theoretical knowledge. Fieldwork placement for the Exploration, Experimentation and Intervention internships is therefore an important component of this program. This AEC program is comprised of 25 courses, totaling 2085 hours of instruction and 65 credits (units). In all 26 competencies are targeted by this program.

### CAREER OUTLOOK

The graduates of the AEC program in Special Care Counselling will be able to use their acquired skills to find employment in public agencies such as the Ministry of Health and Social Services. Some of the organizations that hire Special Care Counsellors are: social service and rehabilitation centres; regular or specialized schools; group homes; youth homes; community organizations; homecare centres; and hospitals.

### TARGETED CLIENTELE

This program is designed for individuals who are interested in working with and helping people. Special Care Counselors work closely with multiple professional and community resources. It is therefore essential that interested applicants be able to work in teams. Prospective candidates should be sensitive, patient, accepting of others as well as have good listening skills.

### ADMISSION REQUIREMENTS

Students must have a Secondary V Diploma or a High School Leaving Certificate or have received instruction deemed sufficient by the College as well as meet the admission criteria for admission to an Attestation of Collegial Studies (AEC) Program. Students must be functionally bilingual (French and English), particularly in their oral communication skills. Prospective candidates will be tested in both languages and will be interviewed prior to admission to the program to verify their qualifications.

### ADMISSION CRITERIA

You are eligible to register in an Attestation of Collegial Studies (AEC) program if you are a Canadian Citizen or Permanent Resident or the holder of a valid Student Visa, and if you have the following:

- A Diploma of High School Studies **OR**
- A College Diploma or a University Degree **OR**
- A partial high school program, coupled with a recommendation from a current or former employer that you would benefit from pursuing your education at the post-secondary level. **AND**

You meet **one** of the following three conditions:

- You have not been a full-time student for at least two consecutive terms or one school year within the last 12 months.
- You are part of an agreement between the College and an employer.
- You have completed at least one year of post-secondary studies spread over a period of one year or more.

## GENERAL INFORMATION

Total number of hours:	2085 hours
Anticipated Start Date:	February 26, 2024
Anticipated End Date:	January 16, 2026
Schedule:	Monday to Friday from 9:00 a.m. to 4:00 p.m.

## PROGRAM CONTENT

Course No.	Course Title	Hours
350-002-LA	Human Development	60
351-101-LA	Role of the Special Care Counsellor	60
351-102-LA	Communication Skills	45
351-113-LA	Observation Techniques	45
351-124-LA	Introduction to Clinical Tools and Activities	45
351-125-LA	Fieldwork I	120
351-224-LA	Biopsychosocial Adjustment	60
351-214-LA	Language and Learning Difficulties	45
351-212-LA	Group Work	60
351-334-LA	Helping Relationship	45
351-335-LA	Youth in Difficulty	45
351-328-LA	Ageing and Loss of Autonomy	45
351-659-LA	Intervention Planning	45
351-429-LA	Mental Health and Substance Abuse	45
351-427-LA	Neurological and Physical Disabilities	60
351-350-LA	Fieldwork II	225
351-330-LA	Developmental Disabilities and ASD	60
351-332-LA	Crisis Intervention	60
351-428-LA	Violence and Social Exclusion	45
351-431-LA	Reintegration and Social Inclusion	45
351-658-LA	Advanced Clinical Tools and Approaches	45
351-420-LA	Advanced Topics in Special Care Counselling	45
387-001-LA	The Sociology of Unequal Relations	45
351-654-LA	Integrative Project	90
351-422-LA	Internship	600
<b>Total</b>	<b>25 courses</b>	<b>2085</b>

## FEES

Application Fee (new student) (non-refundable)	\$ 30.00
Registration Fee (\$150.00 per semester x 5 semesters)	\$ 750.00*
Books	\$ 2,500.00**
First Aid Training	About \$45
Parking (\$6 per day: single tickets or monthly passes available)	

\* Fee may vary depending upon Québec Residency Status

\*\* Fees are approximate and are subject to change

Please note that if you choose to withdraw from a course(s) or if you fail a course(s), it may affect your student status. Also, by withdrawing from a course(s) or failing a course(s) within your Attestation Program, it may make it difficult or impossible for you to continue your program at that time or it may delay you in the completion of your program.

***In order to ensure that our graduates are competitive in the market place, the College reserves the right to modify portions of this program at any time***

## **HUMAN DEVELOPMENT**

**350-002-LA**

### **Pre-requisite: None**

This course provides students with a biopsychosocial understanding of normal human development throughout the lifespan. Students examine the age related changes that occur in the physical, cognitive, and psychosocial domains of a person's development from infancy to late adulthood and their impact on behavior.

## **ROLE OF THE SPECIAL CARE COUNSELLOR**

**351-101-LA**

### **Pre-requisite: None**

This course introduces students to the profession of Special Care Counselling and to community resources and services utilized by the profession. Students will investigate the functions of the special care counsellor (SCC) and explore how the role of the SCC differs from professionals in related fields. They analyze requests for services with reference to relevant laws and the mission or mandate of institutions and community organizations.

## **COMMUNICATION SKILLS**

**351-102-LA**

### **Pre-requisite: None**

This course introduces students to the practices and principles of effective communication. It covers the importance of self, verbal and nonverbal messages, interpersonal skills and the nature of conflict. Students closely examine their own communication patterns, difficulties and strengths, and learn effective communication techniques with clients and members of a work team.

## **OBSERVATION TECHNIQUES**

**351-113-LA**

### **Pre-requisite: None**

This course introduces students to the process of professional observation as it pertains to the role of the Special Care Counsellor. Students learn how to make objective observations followed by subjective, non-judgmental interpretations. The importance of attending to both verbal and non-verbal aspects of behavior as well as elements of the environment is underscored.

## **INTRODUCTION TO CLINICAL TOOLS AND ACTIVITIES**

**351-124-LA**

### **Pre-requisite: None**

In this course, students learn the steps involved in the process of intervention, beginning with an assessment that focuses on clients' needs. They learn to work with existing Intervention Plans and to create their own plans of developmental activities, as well as to choose appropriate clinical tools.

## **FIELDWORK I**

**351-125-LA**

### **Pre-requisite: 351-002-LA, 351-113-LA, First Aid Component**

The focus of the first fieldwork course is the client-professional interaction. Observation, communication, and intervention skills are used in helping clients deal with problems related to adaptation and social integration. Students learn to function within the limitations of their capacity to intervene, consult with resource persons, choose appropriate intervention strategies, and collaborate with the work team.

## **BIOPSYCHOSOCIAL ADJUSTMENT**

**351-224-LA**

### **Pre-requisite: 350-002-LA**

In this course, students are introduced to the multidimensional aspect of adjustment. Using current tools such as the International Classification of Functioning (ICF) and the Diagnostic and Statistical Manual V (DSM 5), students develop the ability to recognize and assess particular adjustment problems. Students will develop a global understanding of the way biological, psychological and social factors interact in situations of adaptation and/or adjustment problems and impact on the overall functioning of the person.

## **LANGUAGE AND LEARNING DIFFICULTIES**

**351-214-LA**

### **Pre-requisite: 350-002-LA**

In this course, students learn how to recognize indicators of learning and/or language difficulties among young people in a school context. They apply basic strategies to help children with language development as well as with the transfer and application of learning. Intervention strategies that help the client adapt his or her behavior to a school setting, sustain motivation, and stay in school are explored together with approaches to enhance children's social and communication skills.

## **GROUP WORK**

**351-212-LA**

**Pre-requisite: 351-102-LA**

This course focuses on knowledge, attitudes, techniques and skills pertaining to group development, group dynamics, and team collaboration. Students learn to use appropriate facilitation and leadership techniques to help improve interaction, increase motivation, and enhance participation amongst group members.

## **AGEING AND LOSS OF AUTONOMY**

**351-328-LA**

**Pre-requisites: 351-125-LA, 351-124-LA, 351-224-LA**

This course provides students with the knowledge and tools needed to help individuals experiencing loss of autonomy due to the aging process. To understand factors that impact the client's adaptive potential, students experiment with specific assessment tools and plan adapted activities that help evaluate the client's deficits and functional autonomy.

## **HELPING RELATIONSHIP**

**351-334-LA**

**Pre-requisites: 351-102-LA, 351-212-LA**

In this course, students develop attitudes, behaviors and skills that are fundamental to professional helping relationships. They learn to recognize and explore the affective dimension of clients' experience, and to work jointly with them in an effort to identify needs and expectations, decide on priorities, and plan appropriate action.

## **YOUTH IN DIFFICULTY**

**351-335-LA**

**Pre-requisites: 351-125-LA, 351-124-LA, 351-224-LA**

The focus of this course is the intervention with youth (0 to 18 years) in their natural or substitute environment. Students explore various psychological, familial and social situations that can lead to socio-emotional maladjustment.

## **INTERVENTION PLANNING**

**351-659-LA**

**Pre-requisite: 351-124-LA**

This course will provide the student with the opportunity to develop both individual and group interventions within each domain; affective, psychomotor and cognitive. Students will assess the needs of clients across the lifespan and develop intervention plans based on these identified needs.

## **DEVELOPMENTAL DISABILITIES AND ASD**

**351-330-LA**

**Pre-requisites: 351-125-LA, 351-124-LA, 351-224-LA**

In this course, students adapt the process of intervention to the developmentally disabled, and learn to associate relevant approaches, objectives and techniques of intervention with this adjustment problem. After evaluating both the disability and potential of the client, students develop an individual program plan that includes activities devised to meet the social, cognitive, and psychomotor needs of the individual.

## **CRISIS INTERVENTION**

**351-332-LA**

**Pre-requisite: 351-334-LA**

In this course, students learn to deal with emergency and crisis situations. They assess the circumstances and give appropriate assistance when required. Students also learn to use preventive measures in the face of physical threat, to assess the level of danger, and to protect their personal well being.

## **FIELDWORK II**

**351-350-LA**

**Pre-requisites: 351-125-LA, 351-334-LA**

Fieldwork II focuses on the process of intervention with one client-group. Intervention, work ethics, collaboration with clients' support network and teamwork with professionals allow students to use, develop and consolidate their knowledge and skills.

**VIOLENCE AND SOCIAL EXCLUSION****351-428-LA****Pre-requisites:** 351-125-LA, 351-124-LA, 351-224-LA

Students will develop an understanding of factors that promote, contribute to, and sustain violence. The focus of the course centers on identifying the level of danger of a situation in order to intervene promptly and appropriately.

**MENTAL HEALTH AND SUBSTANCE ABUSE****351-429-LA****Pre-requisites:** 351-125-LA, 351-124-LA, 351-224-LA

This course examines issues related to mental health and substance abuse. The focus is on the impact these may have on a person's daily functioning, as well as his/her family. The focus is on current best practices in the field, preparing students to accompany clients through the process of rehabilitation, ongoing maintenance, and relapse prevention.

**NEUROLOGICAL AND PHYSICAL IMPAIRMENTS****351-427-LA****Pre-requisites:** 351-125-LA, 351-124-LA, 351-224-LA

In this course students adapt the process of intervention to clients with a physical impairment or a neurological disorder. They acquire a basic understanding of the nervous system and some of the biological influences on human behavior that may affect the individual's adaptive potential.

**REINTEGRATION AND SOCIAL INCLUSION****351-431-LA****Pre-requisite:** 351-224-LA

In this course, students learn how to evaluate and facilitate a client's ability to re-enter society and/or the workplace. They analyze issues related to the integration of people with disabilities from a systemic-ecological perspective.

**ADVANCED CLINICAL TOOLS AND APPROACHES****351-658-LA****Pre-requisite:** 351-124-LA

In this course, students strengthen and consolidate their understanding of the diverse intervention approaches, techniques, strategies, and clinical tools utilized in the field of Special Care Counselling.

**ADVANCED TOPICS IN SPECIAL CARE COUNSELLING****351-420-LA****Pre-requisite:** 351-350-LA

This course centers around the importance of an SCC's holistic approach when working with a client's support networks. Students will see how to evaluate a client's physical environment, how to evaluate the supportive methods of the people closest to the client, how to work with support networks, and informal caregivers.

**THE SOCIOLOGY OF UNEQUAL RELATIONS****387-001-LA****Pre-requisite:** None

This course sensitizes students to the different types of minorities that exist in Canadian society and promotes an understanding of these groups. The students will learn how to describe and analyze the challenges and adjustment problems people face based on their perceived differences and foster the coexistence and integration of people with differences.

**INTEGRATIVE PROJECT****351-654-LA****Pre-requisites:** 351-102-LA, 351-113-LA, 351-328-LA, 351-330-LA, 351-332-LA, 351-334-LA, 351-335-LA, 351-350-LA, 351-427-LA, 351-428-LA, 351-429-LA

This course gives students an opportunity to determine a domain of research and intervention that they wish to further investigate before graduating from the program.

**INTERNSHIP****351-422-LA****Pre-requisite:** 351-350-LA

This course gives students the opportunity to do their internship in a setting of their choice in Montreal or Montérégie. With supervision from both the College and staff at the fieldwork placement, students implement interventions, from the detection of a problem to the recommendations and follow up procedures.